



30-Day Intensive Stabilization Intervention for Adolescents

In 30 days, we aim to give youth the skills to stabilize their behavioral concerns by helping them develop and utilize coping skills to maintain positive behaviors and recovery in their mental health struggles.

The New Foundation's ISI Program offers a unique intervention experience for adolescents who are struggling with mental health and behavioral issues. Applying TNF's strengths-based guiding principles, we utilize evidence-based treatment modalities such as Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT) and Motivational Interviewing (MI)

How will I know if my child is in need of an Intensive Stabilization Intervention?

Every child and situation is different but The New Foundation uses a strengths based model to help create success for any situation. Here are few instances where a stabilization intervention would help:

When stabilization would be helpful

- Transition from a hospitalization.
- Families in crisis
- Self harming behaviors
- Suicidal ideations
- Teens transitioning from detention.

Service modalities offered:

- Psychiatric services
- Attendance at Marion Burton School
- Group Therapy daily
- Individual therapy weekly
- Family Therapy weekly
- Family Group weekly
- Child and Family Team meetings

Once the 30 days are completed, we have different options available for youth and families who wish to continue with the treatment and recovery process.

Our clinical staff consists of licensed and professionally trained counselors, social workers and psychiatrists who specialize in providing treatment for adolescents and families struggling with:

Mood disorders
Bipolar disorders
Anxiety disorders
Depressive disorders

Substance abuse disorders
Behaviors problems
Family dynamics

Questions? Concerns? If you believe your child may benefit from any one of our programs, please contact our Admissions Office at (480) 945-3302, ext. 125.

Our mission is to help children and families attain healing through recovery and growth by identifying strengths and building new foundations.