

Substance Abuse Inpatient Program

The New Foundation's substance abuse inpatient program, also known as an RTC, offers a unique treatment experience for adolescents ages 11-17 years old who are struggling with substance abuse and addiction issues. Developed over many years by experienced professionals this program applies a strength based approach which focuses on individualized treatment planning and evidence based treatment modalities. In treatment, we aim to give youth the skills to overcome their daily struggles by helping them to develop and utilize coping skills to maintain a responsible, healthy lifestyle.



Our highly skilled and dedicated clinical staff consists of licensed and professionally trained counselors, social workers, and psychiatrists who specialize in providing treatment for adolescents and families struggling with mental health and/or substance abuse issues. We address the unique needs of each client with individual, family, and group therapy.

The New Foundation team incorporates evidence based treatment modalities such as:

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Trauma Informed Care
- Forward Thinking Interactive Journaling
- 12 step work

When you place an adolescent in our program, you can feel confident that each will be:

- Residing in a comfortable safe environment
- Gaining a quality education from a teaching staff dedicated to working with our unique residents
- Supported and supervised 24 hours by trained behavioral health staff
- Receiving quality healthcare from licensed medical professionals 24 hours per day
- Eating healthy, nutritional meals approved by licensed dietitians
- Participating in recreational activities, art therapy, forward thinking journaling, and self-reflection.
- Connected to community based supports to establish long term recovery.



Once Treatment is complete, we have different options available for youth and families who wish to continue with the treatment process. These option include our:

- Partial Care Program
- Intensive Outpatient Program for Substance abuse
- Outpatient counseling